5-Ingredient Vegan Peanut Butter Banana Cookies

Ingredients

- 2 ripe bananas
- 1 cup peanut butter, creamy or crunchy
- 1 cup brown sugar
- 2 cups all-purpose flour
- 2 tsp. baking powder

Steps

- 1. Preheat the oven to 350°F (175°C). Prepare a baking sheet, either with a silicone mat, parchment paper or grease with some neutral oil.
- 2. In a large bowl smash the peeled bananas, using a potato masher or fork (for extra smooth banana use a blender). Mix in the peanut butter and brown sugar and set aside.
- 3. In a separate bowl whisk the flour and baking powder together. Combine the wet and dry ingredients, using your hands to fully integrate the two together.
- 4. Take a handful of the dough and form into a disk, about 1 inch thick (roughly the same size and shape as a hockey puck). Place on the prepared baking sheet, and continue until all the dough is used (makes around 15 cookies). If you want to, use a fork and press gently to create a crosshatch pattern on each cookie.
- 5. Place the cookies in the oven for 10 minutes. After those 10 minutes remove the cookies from the oven and allow to cool before eating.



