

Summer Tomato Vegan Caprese Salad

Ingredients

- One cucumber
- ¼ Vidalia onion
- 3 large heirloom tomatoes
- 14 oz. package of tofu, soft or firm
- A few sprigs of fresh tarragon

Dressing:

- 1 TBSP. white miso paste
- 2 TBSP. balsamic vinegar
- 2 TBSP. olive oil
- ½ tsp. dried basil (substitute fresh basil if desired)
- ¼ tsp. black pepper

Steps

1. Press your tofu to remove some of the moisture. After they've been pressed for at least 15 minutes, cut into small cubes. Cut the cucumbers and tomatoes into cubes, dice the onion, and mince the tarragon. Place all the vegetables into a large bowl.
2. In a small bowl add the ingredients for the dressing and whisk well. Pour over the salad and toss to coat all the vegetables with the dressing. Serve immediately or refrigerate until serving.

