One-Pot Green Curry Noodle Soup

Ingredients

- 3 TBSP, olive oil
- 1 package of firm tofu (13-16 oz), cut into cubes
- 1 TBSP. soy sauce
- A knob of ginger (about 20 grams), cut into thin matchsticks
- 3 cloves of garlic, minced
- ½ onion, cut into thin half-moons
- 1-2 carrots, cut into thin slices
- 1 can (13.5 oz) full fat coconut milk
- 4 cups water
- 3 TBSP. green curry paste
- 8 oz. rice noodles
- 1 cup frozen peas
- Salt and pepper, to taste
- Lime juice, to taste
- Bean sprouts, for garnish
- Cilantro or parsley, for garnish
- Thai basil, for garnish

Steps

- 1. Heat your oil on medium-high in a large pot. Add the tofu and soy sauce, and cook for about 5 minutes, flipping occasionally, until they have started to turn golden. Next add the garlic and ginger, sautéing for a couple minutes until they become fragrant. Add the carrots and onions, and sauté a minute longer.
- 2. Pour in the coconut milk and water, and bring to a simmer. Whisk in the curry paste and allow to continue to simmer until the vegetables are soft (about 5-10 minutes). Add the rice noodles, and cook for the length direct or until soft. With about one minute left of cooking, add the frozen peas and finish with lime juice.
- 3. Serve warm with fresh cilantro, Thai basil, bean sprouts, and lime wedges.



