

Golden Relish- Fresh Turmeric Recipe

Ingredients

- 3 oz. fresh turmeric root
- 1 granny smith apple
- ½ medium-sized onion
- 3 cloves garlic
- 1 lemon
- 2 tsp. white or apple cider vinegar
- 1 tsp. salt
- ½ tsp. black pepper

Steps

1. Grate the turmeric, apple, and onion, and place in a mixing bowl. Mince the garlic and add to the bowl. Top off with the juice from the lemon, vinegar, salt, and pepper. Mix well, and adjust to taste. For best flavor let sit in the fridge for 24 hours, to allow the flavors to meld and soften.

