

Vegan Probiotic Salad Dressing Recipe

Ingredients

- ½ cup sauerkraut
- ½ cup olive oil
- 2 cloves garlic
- Salt and pepper, to taste

Steps

1. Add all the ingredients into a jar, and blend with an immersion blender until smooth. Add water, a tablespoon at a time, until it has reached your desired thickness. Store in an airtight container in the fridge, and shake well before using.

